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Cry Wolf

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CRY WOLF

By

OLIVIA ACOSTA, Bachelor of Arts

Presented to the Faculty of the Graduate School of

Stephen F. Austin State University

In Partial Fulfillment

Of the Requirements

For the Degree of

Master of Arts

STEPHEN F. AUSTIN STATE UNIVERSITY

December, 2022

CRY WOLF

By

OLIVIA ACOSTA, Bachelor of Arts

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ABSTRACT

Cry Wolf is a confessional poetry collection told in three sections about an atwork stalking. This collection also alludes to the Brothers Grimm fairytale, The Little Red Riding Hood. The sections of Cry Wolf include "The Wolf," which introduces the speaker's discovery of the work-related stalking. The second section, entitled "The Fur," is where the speaker empowers themselves to file a Title IX report about this dilemma and Red cloaks herself in the wolf's skin. The final portion of the collection, entitled "Red's Home," gives the audience a view of the speaker's self-love as they maintain it through trauma. This section also introduces another, more welcome, significant other who displays the contrasts between intimate love and stalking. Within the last section, there is also the unification of having a group of supporters surrounding the speaker to aid in the process of healing as well as recognizing the speaker's own empowerment and breaking taboos.

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Part One: The Wolf

Parking garage, fourteen steps. I once dreamt of these stairs and to step into a secure future. Now

Stares

I

dread

this gray, heaving, stomping, wolf. It begs, aches, scratches wanting me to look through the grates to see if the Camry

is

parked (It is and so is he). As I stare down to stairs and open space. As I stare down to stares and

open

space.

Encounters with The Wolf

| I walked alone to my car that October night 8:30. |
|--|
| You waited there, next to your Camry. Goodnight, you said. |
| I replied in niceties: Have a good one. |
| The next morning, you were standing in the same place. |
| New clothes on, gelled hair. I asked, did you ever leave? |
| With a laugh, and a quiet reply, I just know when you get here. |

Excuses I've Heard About Being Stalked:

He's just lonely I'm alone here my family is four hours away my boyfriend lives in the west my sister in the mountains to be alone is a necessary part of life but I do not stalk to feel alive and you say okay, but he needs help Liv well if he needs help he should've gotten it when he said his mental illness was becoming a problem to everyone he met it's a crutch and something to lean on but what pisses me off is when you say don't worry about it because turning a blind eye doesn't help me or others who die inside and dread the march to the car that is like a deathly game of hide-and-seek on weekday nights when I drag my nude heels through nails and heart palpitations and I am left panicking in the driver's seat I wish people believed me but instead I get half-hearted glances and the kicker he's just who he is this is the worst one of all the poison apples wrapped dripping a caramel cover of sweet seething pity because you're making it okay for him to trace my footsteps and follow me you're making it okay that he watched me leave and arrive to work today with no words spoken you're making it okay you're making it okay you're making it okay you're making it okay when it is *not* okay.

Little Red Cries at the Title IX Office

| And every time I've said it |
|---|
| I'm shouting in a void |
| into an abyss of mahogany walls, |
| in counseling pamphlets, the bosses are required to give. |
| Why do they only trust what comes from your shaggy mouth? |
| And do not hear |
| the women who cry in paperwork |
| of stalking occurrences and |
| Title IX incidents? |
| Gripping onto their pepper spray like a dagger |
| Are we too weak? Do we scream too softly? |
| |
| And every time I've said it |
| It's like shouting into a void |
| A |
| Void |
| Avoid |
| I'm trying to avoid you now, |
| but you still watch as I take |
| different tactics to walk |
| to the parking garage |

Main to North, North to Starr

My mace is close, you never far.

Always catching my scent

Watching me walk to my car.

I imagine my musk hits your nose like sweet, copper blood,

So, you must find me more, in search of the tin scent

that left you hungry.

What was once a parking garage,

morphs into coffee shops, parking lots,

the building may lock, but you do not stop.

How did you go from some guy I met in school to

this predator following me to my car?

Cry Wolf

If I don't cry wolf,

No one will see.

No soul will hear

No nightingale sings.

People will neigh,

And say, "you're naive."

Killing their darlings

and suspicions they see.

If this moment isn't uttered,

And left unscathed.

Another will suffer,

another will be chased.

You may say I don't suffer,

and that I am falsifying.

But really it is another

life not worth dying.

I am not the only one,

It is not only me.

And if I don't cry wolf,

nobody will see.

First Meeting of Wolf and Red

"She did not know what a bad sort of animal he was, she did not feel frightened."

Jacob and Wilhem Grimm, The Little Red Riding Hood (1697)

We didn't meet in the brush of a green meadow,
no red cloak, no woodland deep.
No, we met in a Zoom meeting.
I said I was new, then
a red bubble
popped in my message screen.

He said, "I can give you a tour sometime if you're free."
I was uncertain, I thought he was sweet.

Like the artifice
of a Pixie Stick.

The powdered, sugary, candy
hits your lips. Knowing the end
when enzymes break into glucose,

and you can feel the fake within your blood.

But this was a sugar high

impossible to shake.

If I Go Out in the Woods Today

In a brush of green with little prey

Scurrying around, nothing to hide

I'm bedecked in my ruby-red cape and open sky.

But lurking, lurking

in the deep

a wolf stomach is growling

in the green.

He doesn't eat me

in the end.

I take him

and make him a

specimen.

An example of a wolf

who stalks women.

Part Two: The Fur

How I Got My First Fur

Ι

I was twenty-three and walking into the office to sit and sign a dotted line declaring he was my *stalker*.

A term that hadn't crossed my mind until the Title IX representative spoke of it on a phone conference the week before.

I spent the week in meditation,
wondering if his apparent obsession
was true at all or a fantasy in my head.

I was twenty-three and walking from the office one Wednesday morning with a sweet police officer with silver hair, Dan. Headed to the same parking garage where the wolf made me his victim, to get a new parking pass on the floor below the parking garage.

The night before I'd seen the wolf in the same garage

```
standing quietly, almost lurking,
```

whispering a soft "goodnight."

So soft, I almost couldn't hear it

and asked him to repeat.

What an attention glutton, what an asshole. I thought.

П

I made sure to have the escorted meeting on a Wednesday morning.

Early in the crisp, cool, incandescent air

so he wouldn't catch my scent.

My sweet Yves Saint Laurent

perfume reminded me of summertime.

I wouldn't let his stare

stop me from being myself.

The smell of my defiance followed me.

Ш

I was twenty-three and the parking lot office clerk-

a woman, glanced at me with sad solidarity.

As if she'd done this before,

with a woman just like me.

Helping a victim become a

survivor.

I felt the Title IX adjustment form

was criminal to hold in public.

Still, I passed the form to her under the window,

we stood in silence.

IV

Driving down the driven road

displaying my new parking pass

I noticed new things.

The monarch butterflies, the sun beginning to heat the grass.

And I realized, I was safe.

that, yes, I was stalked,

but now I was going to a new spot.

It took so much life

out of me,

knowing I was being looked at

every step away from my car

Every morning.

Every morning.

So, I sat in this new burrow

in a new parking garage surrounded by staff cars.

I didn't have to fear

being hurt on the way home.

I didn't have to call my mom

or my dad or my sisters while walking

in case

anything happened,

and I cried for the first time in a month.

\mathbf{V}

A year later, twenty-four.

I walk into the parking lot office with dignity

to re-file the form

and tell the same woman of my Title IX parking adjustment

A place that I had cowered into before,

became a place of my own.

A year ago, when I walked into the Title IX office

to report a stalker.

I never needed a huntsman,

to kill and skin a wolf as a trophy for me.

I got him myself.

Cloaked in wolf fur, my trophy,

drenched in ink and signed forms.

Marching on a carpet of paper trails

and warns to all:

if another wolf turns a corner,

they will only add to my collection of furs.

Elegy for Lost Survivors

You are all with me when I walk up the stairs. Your stories cloak me like the wolf's skin on my shoulders. You helped me get to the car without wondering if he was staring at me. I know you fought to the end. A diamond, never rough. They might have followed you. Silenced you. Gaslit your pain. Boys will be boys, yes. But women will fight. And after all the running and hiding, you deserve to rest. You deserve abundance and joy, sunshine, to be seen. It is a service to tell your story

Red Admits She's a Workaholic

Blazing through papers and emails

seeing to every page with persistent rage

as a form of stress relief.

Each email I send is like biking

another mile, an accomplishment

towards a marathon.

A grad student with an agenda, too much caffeine

and a vivid, waking dream of walking across a stage with a master's degree.

Behind the paper skyline

and the comfort of my crammed shoebox office

a wolf lingers at my door

waiting for his moment to pounce. Or leaning

on the side of his car

watching me unpack my things

with such nonchalance, I disregarded it

as a man with a crush who would never get me.

But then it kept happening.

My family tells me "Keep your head

down and get out," and I do.

The work is first.

Through and through.

But I cannot forget that

crooked smile he bears

capturing my attention and says hello there

like he fucking won.

Birdsong

A birdsong is not sung

by a female bird, but a male

trying to woo a female.

For courtship, breeding,

territory. You wolf,

you touched my leg

In a friendly pat while you sat in my office

laughing at me for not wanting to work.

Breaching a boundary inside my body.

I knew this was too far,

and you wanted more than to be friends

but had no substance to seduce me

other than to a wide-eyed stare and a pat.

A wolf masked as lamb,

it was clear when you followed me home.

And in some sick way I found forgiveness

(I felt sorry for you,

and your sickness).

But I never felt any better

than when I let go

and sought forgiveness in myself.

It's never wrong to ask for help,

And learn to not lean into

The subtle undo of a birdsong.

The Lone Wolf (Imagined)

"As wolves love lambs so lovers love their loves."

I knew I was a wolf when I saw my first girl.

I looked her straight in the blank face and asked her to dine at

Denny's. A place made to make a lady feel

at her best. A diner warped in time

just right for a man to make

his move. After, I wanted to have more than just one,

I wanted another with hair as crimson as her cheeks,

or another with charcoal hair laid on her back like a cape.

I wanted a woman with secrets of beauty and a mouth.

For me to tell her my way

over pancakes and to take her home to momma in my Camry.

I'd buy a lady a slew

of A-line dresses and pumps

just for her to notice

that I am not man, but wolf within.

I ache for the romance of Plath and Hughes.

I yearn to be a muse to a woman with a mouth and a mind so holy for only me to behold.

I watch Red walk home because her steps
curve like the swayed line in her penmanship.
She wore a red turtleneck and had kinky chocolate hair
with a voice poignant as chai tea.
And I felt hungry again.

Enemy

Sometimes I am the one who follows me.

The one who eats the sheep and hunts me down, sometimes I am my own worst enemy.

The tap of midnight solace stops at three I am alone again; I ache for sound.

Sometimes I am the one who follows me.

I wish for miracles and crystal strings, harps and sweet angels descend around, sometimes I am my own worst enemy.

That night I dreamt a wolf chased after me but it was only me when I turned round sometimes I am the one who follows me.

I couldn't wake myself, I started to scream
I woke up in cold sweat, a moisture-crown
sometimes I am my own worst enemy.

I seem to follow me each night, I flee into the spoken carousel, I round:

Sometimes I am the one who follows me;

Sometimes I am my own worst enemy.

Postscript: After the Title IX Meeting

Ι

After the meeting, I ached to be free. Buck wild in a wicked world that makes women fear

themselves. I wore the red heels I wanted, and they clicked across the hall. The sweetest

dress and the red coat without the trepidation of a wolf. I counted the days I would go

without a wolf sighting. Crouching, lingering in his work wear, at the edge of the stairs,

waiting for me. Anticipating a laundry-list of questions, he'd ask for hours of my day. After

the meeting, I felt the tension dissipate like the air escaping a can. I approached my car in

the burst-violet Texas night, next to the police station, and realized I was not drained, I was

happy. I soft smiled as I grabbed my keys. You were someone else's case.

П

After the meeting, I wanted to scream. I'd glue his face on cardboard and hold a sign of his

crimes. I'd run around the library, jump in the street, flashlights on posters. When I signed

the dotted lines, the deal was made in privacy. The parking lot a sanctuary delt in quiet.

The sacred moment in a mahogany hallway uttered silence as its bind. If I cried, it would

reverberate permanently. The cry would end up in courtrooms, restraining orders, a paper

mâché of crime. To piss off a wolf is a death sentence. I'd be prey for life.

28

Ш

After the meeting, I wanted to survive. To sneak away from him in silence of night. In hopes he'd forget and take to a different path. One night he approached me, asked me where I'd been all these weeks. I lied and told him I'd been busy. Somehow, some way, he believed me. He'd forgotten what my fear smelled like all these weeks. I told him I left something behind, and he went peacefully. The next day I went to work, he was hiding in a cigarette on the edge my new garage, looking out to the building. We said nothing.

IV

After the meeting, I was afraid to tell my friends and family with no proof but breath. A statement that would defy gravity and settle in the room like morning fog. There are no scars, cuts, bruises to bare. Nothing I can put my finger on to prove I wasn't a liar. I feared they'd cover their excuses onto my suffering and place it on their mind's back burner. But my pain was an electrical fire, lingering, shocking. The breath that left my body in obsidian ash. The constant search for him following me home was never over. Just subsided.

\mathbf{V}

But it's never over, is it? I still fear I'll wade into his birdsong to be trapped in a cage again. He could follow me after I graduate. He could watch me drive home until I'm forty. A mental slash cut into the forest of my psyche. I let it go in the days passing. In empty parking garages. In my friends and family saying they'd beat him up if they saw him. In the afternoons in the gazebo with my work friends, saying I should've told them earlier and they could have walked with me. In the mornings with my boyfriend on the terrace, telling me I deserve to be happy. In the moments in the night where I find I've forgiven myself before I drift to rest.

Part Three: Red's Home

Red Time Travels to Reminisce about her Long-Distance Boyfriend

| Traveling is like a secret word we share. | |
|--|-------------|
| You travel to me | |
| and I travel to you | |
| so, we can travel each other. | |
| | |
| I wish I could go back to my past self | |
| and tell her to be thankful for the days together. | |
| I could remember as I lay here alone | |
| thinking about | |
| the layers of you | |
| next to me | |
| the sandalwood scent | |
| of your warm skin after a shower. | |
| | |
| I wish I could wake | |
| where the curtains were keen blue | |
| in a dark room | |
| and I'd see you and the | |
| sun-kissed streaks of your hair | |
| in the morning light. | |
| As you travel your finger | everywhere. |

A List of Scenes Throughout a First Date

- 1. First kiss in a Houston airport arrivals gate.
- 2. White, astigmatic headlights and knee-shaking to dinner, nervous talking.
- 3. String lights shining on a stain glass mosaic
- 4. Fireworks on the lakeside, cuddling in your fleece coat
- 5. One kitchen spotlight hanging over the bar
- 6. Swimming beneath obsidian light
- 7. A cerulean morning with a sheer curtain filter
- 8. Daylight as you make my coffee and tell me *good morning*.

Red's Home

Home is looking in a silver mirror

and seeing my frizzy brown morning hair in it.

Each strand of hair looks as if it has been struck by lightning.

Messy or neat, knotted or straight.

It reminds me of my grandmothers',

now grey and coiled, but just like mine.

Love, home is when you wrap your arms

around me at night

before we drift into oblivion.

I smell the clean air of sheets and hear the whirling fan.

Home is King's Beach, California

on a sunny June day

when I scraped my toe

on a rock beneath the waves

you ran out of the water

to search for a Band-Aid.

Home is golden frames

bordering family photos

that slips me into
its memory. Each time I
glance into the photo
smiles an old version of me.

Wedding Cake

My love, you stood in the morning sun next to the strain Wedding Cake and asked me to take a photo over Facetime. Your sweet smile beamed through the phone. You then went on about its THC percentage and its pepper undertone. I could tell you were happy about what you grew, proud. You wouldn't stop talking about it as if harvesting it was the icing on the cake of the grow. As I got my make up on for work, you watered a 200-gallon pot for 3 or 4 minutes. I could hear alarms going off in your pocket for a different task. I see you here now in our one-bedroom apartment, and miss your joy. That pride you felt when you were doing some cool weed thing, I knew nothing about the layers of it. It's waned since they haven't paid you, and since you left. But I imagine it will come back in time. Like the top tier of a wedding cake that newlyweds eat a year later. The layers of your joy will return in a year from now just as sweet as it left you.

Wings

I

I fell in love with him because he had wings.

The ability to fly at a moment's notice with ease.

We bumped into each other

at my sister's wedding,

and grabbed hands coincidentally

during a Grand March.

He made me laugh

and I knew I liked him.

II

I've always learned to make home

on the ground I grew up on.

But I grew to see

I had wings of my own.

That I could fight my battles myself

instead of being in a place

of needing you for every flight.

That I could go

and spread my wings.

Love Spell

I miss the way you slept with your mouth open and how you used to twitch and accidentally hit me. When we'd get pissed drunk and too invested in Survivor reruns on weekends. The way you wrote "LOVE" on the guest list of a wedding and I took too many koozies. This one-bed apartment feels half lit now you're gone. Off to Tennessee for jobs. I feel the pang of the meager two hours we chat for that we traded for the future. I know you feel it too. The pang of loss of a home together. But we plan to watch the sunset and talk about paranormal activity. We dinner date, Door Dash some food to each other or complement my reheating skills. The sunset rains out, we wait until next week. We watch movies and TV shows in sync. I bitch to you about my day. I laugh at a joke you make and suddenly, I am transported. I see you on the other side of the couch playing your online pool game and crossing your legs on the plush ottoman. Time never passed, you never left. I see the blanket fort we made our first week here while watching *Better Call Saul*. The floral sheets suspended on the ceiling pushed by tacks matched with blue stripes on the latter. Pillows on the floor. Binder clips for the door. For a minute I am at peace. I look down to check the time and the room empties. Dark in the night, golden lamps to shine. You fall asleep on the phone and so do I. It is the past I miss, but the future I strive toward. Love is time passing onward.

Wolf Now Gone

You scurried off to another burrow to feed.

Your office says *vacant* on a blue sticky note.

Yet in some sense,
you've stayed on the tongues
of people's mouths
like onions or garlic.

I wonder
if I might see
you here again.
Nostalgic, wishing, wanting
white hallways to
flaunt in.

You'd skim the pictures on the bulletin

and see you're

vacant.

But I'll stay content, still, whole.

If I saw you prowling in here for food,

I'd give you the same grin you bared to me

when I was fresh blood.

Pool Day

Summer sunscreen coats my pale skin as we venture to another afternoon with mixed drinks in cobalt YETI's, snacks in hand, in preparation to float and flow within the whimsical teal-hued gated apartment pool.

If nobody's there to see us humiliate ourselves, we swim across the crystalline pool on one breath, and I do backflips as you count them until I am dizzy on the come up when I emerge from the deep end.

We play childhood pool games
and get competitive
about who cheated their way
into winning sharks and minnows (it was you).

Sometimes you sink within the sapphire deep, legs crossed as you hit the gritty bottom just to sit;

To see the pool from below.

Other times we float apart,

feeling the water for ourselves.

United by the unruffled, placid

stillness of the deep.

I drift across the pool in natural stillness,

taking a tour of the trees

above. You swim beneath the deep, like a shark

in water just to see me jump as you pinch my sides

and call me Baywatch or lifeguard because of my cherry

red swim top.

The Oven Burn I Got from Roasting Vegetables Last Tuesday Night

The swollen burn pulses in hot crimson

fresh from the oven. Hot and heated skin pains my forearm.

As I dispense mustard on the burn,

I talk to my mother on speakerphone

in the oven-heated kitchen

surrounded by flaxen-hued wood

that the nineteen eighties would've fawned over.

She tells me it won't scar,

but the welt will turn

into flaky skin with red hues

and a glossy coat of Neosporin twice a day,

and not a popular condiment used on grilled hot dogs.

Looking as if I am a basket-cased

woman with a story pulsing

on the side of her forearm.

As I jolt my next helping of condiment

on the burn,

my mother hears me wince as

the mustard farts to its end.

She sighs, adjusts the phone, and

beckons her knowledge about fire:

Burns heal from the inside out.

The Pride

I strut with a fleet
of strong lionesses
to the parking garage now.

We hoist Hydro Flasks
the size of our forearms,
reaching the weight of a small dumbbell,
tinted in lime green, clementine, fuchsia.
To swing at a predator
if they pounce in the night.

We speak about the game of graduate school and our loved distractions from a life anticipated.

We discuss strategy
in case someone attacks:
You will sweep the feet,
I will take the head,
she will handle upper body,

the other will attack the remainder.

Together we are unassailable.

We are better

bonded in one unifiable pride

than separated, ostracized,

swept into competition, or

taken for granted.

Fighting and tearing hair

over a person

or a paycheck.

We are not our odds,

but our favors

Shedding the Red

She walks in the grass

with her feet bare,

and stares to the sky, just wondering

when the dreams that she keeps

will glide in to her hands

so sweet.

In time she learns

where her body meets itself

and the shape of her curves

and the soles of her feet have grown

into words of what people say:

you should be thinner

you should be smarter

South Beach is better

less carbs and more water.

Deny their prescription

take in the conviction

that maybe you're better

off as a victim.

But darling if you listen

to a word they say

you are throwing

your whole life away

for a person who doesn't know shit about you.

I'll Go Get It: A Love Letter to Myself

If I want to remain

in Walmart sweatpants,

and my stain-riddled

Australia t-shirt I found at Goodwill

and not brush my hair,

become a recluse,

with greasy McDonalds

staining my lips

and fingers every day,

I'll do it. But probably not, I can't sit still.

If I want to work

until I can afford a

black BMW 220i coupe,

and live next to a Whole Foods

with a housekeeper,

a trainer and a nutritionist,

diamonds by the dozen,

I'll go get it.

If I want to spend

eternity in the woods of Washington, growing my own vegetables, killing for my meat, living in a quaint cabin, between somewhere and nowhere, with a meager fire burning against the cold, and a heaven full of stars, I'll be it.

If I want nothing but rose
petals on the floor
trailing where I walk
and hair like baby's breath,
with a gown of wisteria,
and grass filling
all four corners
of my apartment,
I'd love my room-garden.

If I want to quit
my job to become a

beach bum on the Gold Coast,
in tune with the waves
and its gravity,
beneath me I'd see seas
of families, reefs, homes,
enemies, anemones,
and fins alike,
skin almost carrot-esque,
hair blonde as sand,
I'll swim to the deep for it.

If I want a large house
with bay windows made
into a reading nook,
and a sunroom
to grow basil and chrysanthemums
within its translucent yellow walls
like a curtain it falls
to the bottom of the tile room
warming every corner,
I'll go get it.

VITA

Olivia Acosta completed her high school curriculum at Kingwood High School in

Kingwood, TX, in 2016. She then enrolled into Lone Star Community College for one

year and completed the remainder of her Bachelors of Arts in Mass Communication with

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