



Parental Financial Conditions as A Source Of Stress on First-generation TJC Honors Students

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INTRODUCTION

Parental support is a key factor in a child's development. Motivation coming from a parent is a substantial help on the realization of tasks. The involvement of parents on children's education is directly proportional to the level of achievement and success of the students. In low income families, parental support can be translated to pressure, the anxiety of seeing their children to pursue a career and achieve success is not a desire but it is a necessity. Regularly, the students' parents will use their own lack of financial stability as an example to motivate their children to be better. However, many of them will not take in consideration how this motivation can be transformed into pressure that will cause students to have an increase on their stress levels, which can threaten their academic performance.

The purpose of this project is to analyze the impact of parental financial conditions on the variation of stress levels on TJC Honors students.

RESEARCH QUESTION

What level of influence parental financial conditions has on first generation TJC honors students' stress development?

RESEARCH PROCESS AND METHODS

The design of the project is a quantitative study. The individuals involved in the study will be first-generation college students from low-income families, between the ages of 18 to 25 years old, which also participate in the TJC Honors Program. The methodology used is an electronic survey, where the individuals are asked to answer questions linked to their family's financial stability and its impact on the individual.

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HYPOTHESIS

Parental financial outcomes are a direct cause on increasing stress development on first-generation college students .

PURPOSE AND SIGNIFICANCE

The results of this study will help parents know how to improve their methods to encourage their children to desire to pursue a path of higher education without having a side-effect on them. Stress due to pressure can cause major problems on the development of their success. The students will also learn how to interpret their parents' incitement to adopt a better education, they will also recognize the reason because of the pressure that was put on them.

The findings of the study can also be helpful for counselors, advisors and any university or educational institution. They can consider stress, produced by parental financial conditions, as a key factor on causing students to develop bad physical, emotional and psychological traits. Eventually, stress can reach to the point of affecting academic performance, threatening enrollment on classes and even the institution itself or in extreme cases, their desire to be alive because students cannot handle the higher standards and aspirations that parents have on them.

CONCLUSION

The end goal was fulfilled by establishing a connection between the pressure imposed by the parental financial conditions and the variation of stress levels. Concluding that financial outcomes are a direct cause on increasing stress development on first generation college students.