

What Makes Stephen F. Austin State University Students Happy?

When we began our research we believed most people would be happier owning a pet, attending church, or exercising.

However, we determined this was not the case, instead concluded students have different things that make them happy.

In addition, after reviewing our results we were surprised that holding all else constant, having a hobby, owning a pet, attending church, and exercising will increase a student's level of happiness.

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This survey and the information that you provide is for a class project. Please do not put your name on this survey. Your honest responses are very appreciated. This document is confidential and will not be published. What is your age? What is your height? What is your weight? Are you happy with your weight? Yes / No What is your gender? Male / Female Are you single? Yes / No Do you have children? Yes / No Do you own an air-breathing pet? Yes / No On a scale of 1-100, 100 being the happiest, how would you rank your happiness in the past Do you smoke? Yes / No Do you work? Yes / No Do you drink more than 10 alcoholic beverages in a week? Yes / No Do you exercise? Yes / No If yes, how many hours in an average week? Do you live alone? Yes / No On average how many hours of sleep do you get a night? Do you have a hobby? Yes / No Do you go to church? Yes / No Are you a Republican? Yes / No Are you a member of Facebook, MySpace or a social networking website? Yes / No If yes, do you visit more than 10 times a week? Yes / No Thank you again for your honest responses.

Survey

