Remy Follmar Senior Interior Design Exhibit 2018

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My name is Remy Follmar, I decided my senior year of high school to attend SFA’s Interior Design Program. During my time in the program I have gained a great deal of knowledge about my upcoming design career. After graduation I plan to move to Houston where I can work in a Commercial Design Firm.
My Design Philosophy

Is to gain design inspiration from the past & present through research, travel, & experience. I believe a unique & successful space needs a balance of imagination and reality.
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Concept - The Steelcase Next student competition had the objective of space planning and finishes selections for a design firm. Though extensive research it was found that the way interior designers work was a major factor in designer proficiency. Work settings are important to productivity in every work environment. The required spaces where categorized and were made interlocking depending on setting and the working type.

Skills

- PowerPoint
- Excel
- Revit

Preliminary Bubbles
The design firm was located in a high-rise building in Los Angeles, California. California's oranges were the inspiration for the Steelcase concept. Color psychology experts state that the colors orange, red, and yellow are stimulations and motivational colors and thus appropriate for a designer.
Steelcase

Renderings

Group Work Spaces

Individual Work Spaces

Group Work Spaces

Individual Work Spaces
Concept - Our team was challenged to design an assisted living (AL) facility for residents with dementia when their condition prevents their continued participation in the Nacogdoches Treatment Center’s (NTC) Day Activity Program. Their mission is to provide needed services that are not being met by the community. With the new facility, patients may transition seamlessly from the daily program to a permanent living space, surrounded by familiar faces and loving care.

Skills
- Team Work (Remy Follmar, Veronica Gilliams, & Jennifer Gregory)
- Dementia Research
- Revit
Room Legend
A. Community Area  I. Medication Storing Room
B. Dining Area  J. Beauty Salon
C. Kitchen  K. Administrative Office
D. Patient Rooms  L. Family/Guest Room
E. Hospice Room  M. Shower Room
F. Custodial Closet  N. Public/Faculty Restroom
H. Nurses Stations  O. Laundry Rooms

Floorplan Highlights
• Individual Patient Room with Bathroom
• Variety of Community space
• Racetrack Hallway
• Beauty Salon
• Hospice Family Room
Key Feature

• Individualized door colors help a patient with Dementia or Alzheimer’s identify what room is theirs.
• Home-Like appearance and finish selections.
• Consistent lighting to help regulate circadian rhythm.
• Plants help keep area clean for patients.
• Low gloss flooring.
Nacogdoches Treatment Center Renderings
Design for Dementia for Nacogdoches Treatment Center

Dementia Research
- Heart to Heart Hospice Dementia Live Simulation
- Americans with Disabilities Act (ADA)
- Texas Accessibility Standards (TAS)
- Health and Human Services Commission (HHSC)
- International Building Code (IBC)

Code Research
Health and Human Service Commission (HHSC)
- If the facility provides linens to the residents, the quantity of available linen must meet the sanitary and cleanliness needs of the residents. **Clean linens must be stored in a clean area.**
- All **resident rooms** must open upon an exit, corridor, living area, or public area and must be arranged for convenient resident access to dining and recreation areas.
- In facilities that have living units consisting of separate living spaces, dining spaces, and bedrooms, **10%** of the required bedroom square footage may be included as a part of living and dining space.
**Concept:** The Nacogdoches Boys and Girls Club is wanting to make an addition to its program. The addition will have two football, baseball and an athletic club house that will be made up of a concession area, storage room, public restrooms, and referee area.

**Skills**

- *Team Work* (Remy Follmar, Issamar Jones, Cynthia Conde, & Charlie Ware)
- *Site Evaluation*
Nacogdoches Boys & Girls Athletic Club house

Room Legend

A. Concession
B. Storage
C. Referee/Mechanical
D. Men’s Restroom
E. Women’s Restroom
F. Family Restroom
G. Pantry
H. Mop Closet
Concept: The Interior Design students of Stephen F. Austin State University participated in a design charrette to design a facility to meet their current and future needs. This fire department rooster has 10-24 volunteer firefighters. This facility will provide a space for community meetings and a safe place in case of natural disasters.

Skills
- Team Leader
- Field Research
- Communication
- Time Management
Concept - The lighting model was a learning tool where my team developed the lighting and reflected ceiling plans for general, accent, and task lighting. The lighting solution featured recessed 2x2 troffers for general lighting, downlights for the cashier task lighting, and downlights for grazing the curved wall which served as the spatial focal point. For energy efficiency, seven windows admit natural lighting to diminish the need for general lighting during the day.

Skills
• Team Work (Remy Follmar & Veronica Gilliams)
• Craftsmanship
• Revit
Antique Shop
Lighting Model Study

Reflected Ceiling Plan

Modified Reflected Ceiling Plan
Concept - This small house was inspired by Antoni Gaudi and was designed and constructed to meet many learning requirements. This project was broken into two separate classes. The first class focused on research and hand drafting, while the second class was digital drawings, CDs, and a study model.

Skills
- Field Construction Research
- Hand Drafting
- Craftsmanship
- Revit
Inspiration
Through extensive research a collection of Antoni Gaudi's design components were brought into this project. The organic nature that Gaudi used throughout his projects was expressed through the curves of the walls. The stone materials on the exterior also linked such as vertical circulation and mechanical considerations.
Key Components
- Insulation
- Curved Sole Plate
- Floor Truss
- Duct System
- HVAC
- Door Framing
- Window Framing

Architect Inspired House
Framing Model
Architect Inspired House
Framing Model

Exterior Wall Detail

Wall Footing Detail

Porch Footing Detail

- Porch Footing
- 6" x 6" Welded Wire Mesh
- Concrete
- Sand
- Stirrups
- Polyvapor

- Exterior Wall
- 2x12 Framed Stud
- 4' - 5 1/16"
- Framing Wall Board
- 2x9 Wood Block
- Panel Sheathing
- Sheathing Tape
- 2x4 Soffit
- Flooring
- 7/8" x 4" Soffit
- 1" - 5/16"
- 11/2" - 5/16"
Architect Inspired House Renderings
**Concept** – These owners wanted to remodel their home to make it more comfortable. The owners asked for the front façade to be updated to add curb appeal. They wanted to convert the current living area into a master bedroom suite and add a new living area. The space planning and furniture and finish selections would feature American Federal Style.

**Skills**
- Hand Drafting
- Revit

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**Room Legend**
- A. Garage
- B. Laundry
- C. Dining
- D. Living
- E. Master Bed
- F. Master Bath
- G. Master Closet
- H. Kitchen
- I. Occupied Space
To the left is the pendant lighting, faucet, and sink selection for this project.

The picture to the right is showing a kitchen that was used for inspiration.
**Luna Project**

*Kitchen Elevations*

To the left is the range and vent hood selected for this project.

To the right is the refrigerator and cabinet selected for this project.
Concept – Traveling and education are extremely important to me. Traveling is where inspiration, knowledge, and prosperity grow. The senior showcase is an exhibit that is a reflection of oneself. I choose a Victorian study because I feel in many ways it is an accurate interpretation of me. The eclectic furnishings and objects that make the space feel comforting and curious can be discovered through patients and examination of detail.

Skills
• Research
• Sketching
• Craftsmanship
Philosophy
Is to gain design inspiration from the past & present through research, travel, & experience. I believe a unique & successful space needs a balance of imagination & reality.
Product Design
**Cedar Coffee Table**

**Concept** – I communicated and shared my inspiration with a carpenter. From there I shadowed and assisted him through all the steps. From an inspiration piece to the final product a great deal of knowledge was gained through the entire process.

**Skills**
- **Tools** (Skill saw, Jig Saw, Biscuit Jointer, Wood Planer, Palm Sander)
- **Craftsmanship**
- **Communication**
- **Team Work**
**Concept** - The Silent Night Auction is a fundraiser that the ASID/IIDA Student organization hosts to raise money for the students involved. I was inspired by similar pieces and expressed my thoughts with a carpenter. From there we constructed the two side tables from a cedar tree that was cut on family land. The legs and hardware were purchased at a local store. The cedar top is finished in Polyurethane.

**Skills**
- *Tools (Skill Saw & Palm Sander)*
- *Craftsmanship*
- *Communication*
- *Team Work*
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Thank You